

# The Skeletal System

The skeleton is a group of bones that has 6 major functions. The first being to support the body's weight and protect the organs. To move around, the skeletal muscles push and pull the bones with connecting ligaments and the joints allow for much needed rotation to walk. The development of red and white blood cells take place in the marrow of the bones. The skeleton also stores nutrients like calcium and iron. Lastly bone cells help determine how much insulin your body produces.

# Human Skeleton

